



Quality of Life Questionnaire

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Profile Report

Client Name:	John Sample
Age:	25
Gender:	Male
Marital Status:	Married
Number of Children:	2
Occupational Status:	Self-Employed
Duration:	N/A - QuikEntry
Administration Date:	December 21, 2004 (Online)

This Profile Report is intended for the sole use of the test administrator and is not to be shown or presented to the respondent or to any other party.



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Introduction

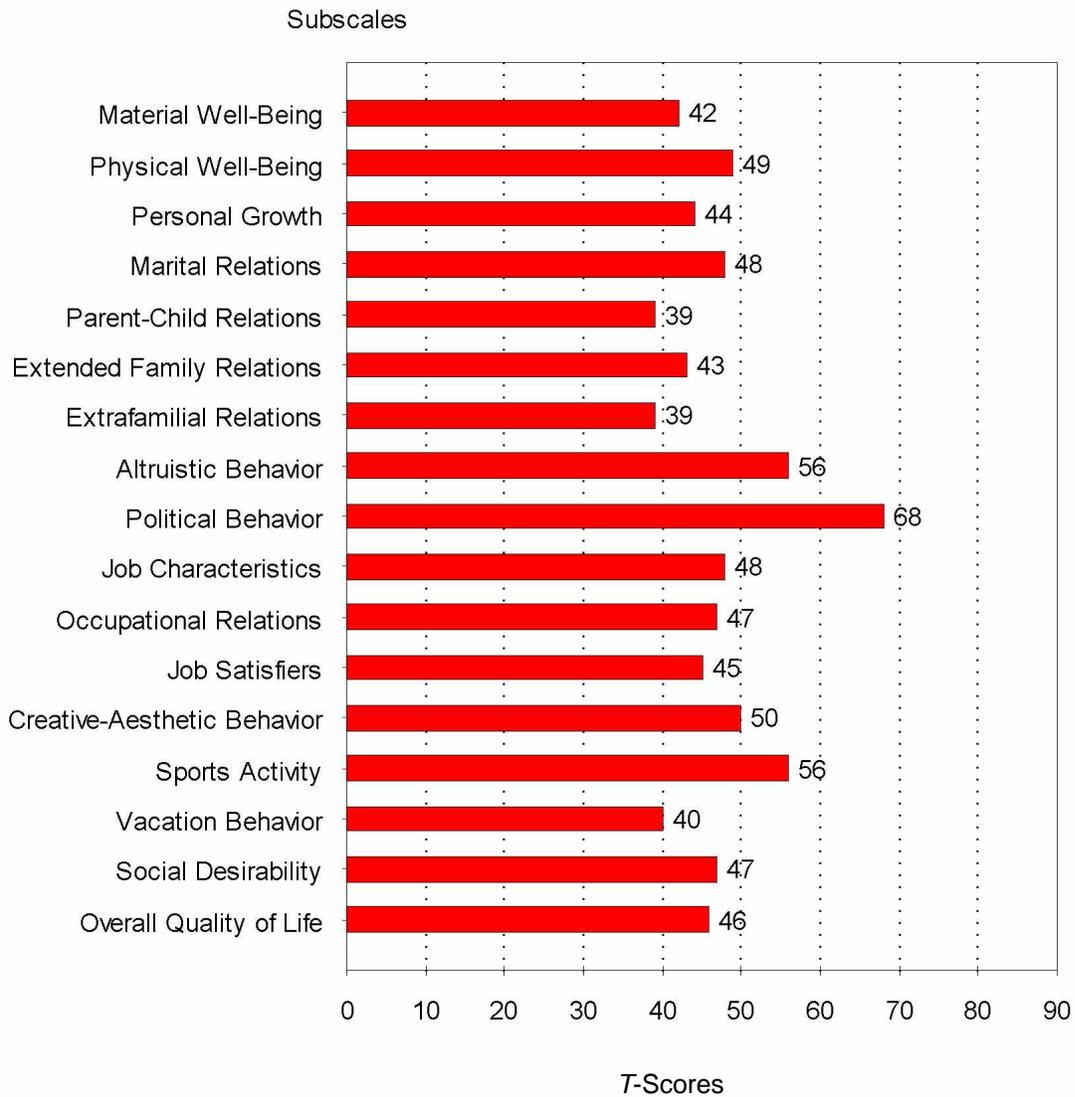
Quality of Life Questionnaire (QLQ) assesses the quality of an individual's life across a broad range of specific areas. QLQ assessments may be used to evaluate the effectiveness of therapy, and to suggest areas of an individual's life that may benefit from modification. QLQ *T*-scores are calculated based on a normative sample of 437 participants aged 18 years or older. This report provides information about the client's scores, and how they compare with the scores of the normative sample of non-clinical individuals. See the QLQ Technical Manual (published by MHS) for more information about this instrument and its results.

Cautionary Remarks

This computerized report is meant to act as an interpretive aid and should not be used as the sole basis for intervention or clinical diagnosis. This report works best when combined with other sources of relevant information (e.g., tests, observations, historical information). The report is based on an algorithm that produces the most common interpretations for the scores that have been obtained. Atypical interpretations must be explored in other ways on a case-by-case basis. The information contained in this report should be treated as confidential.

QLQ T-Scores

The following graph provides John's T-scores for each of the QLQ scales.



Summary of Scale Scores

The following table summarizes John's scale scores and gives general information about how the person being evaluated compares to the normative group. More interpretive data are provided later in this report.

Scale	Raw Score	T-Score	Guideline
Material Well-Being	8	42	Slightly Below Average
Physical Well-Being	8	49	Average
Personal Growth	7	44	Slightly Below Average
Marital Relations	8	48	Average
Parent-Child Relations	5	39	Below Average
Extended Family Relations	6	43	Slightly Below Average
Extrafamilial Relations	5	39	Below Average
Altruistic Behavior	8	56	Slightly Above Average
Political Behavior	11	68	Much Above Average
Job Characteristics	7	48	Average
Occupational Relations	7	47	Average
Job Satisfiers	5	45	Average
Creative-Aesthetic Behavior	6	50	Average
Sports Activity	8	56	Slightly Above Average
Vacation Behavior	6	40	Slightly Below Average
Social Desirability	7	47	Average
Overall Quality of Life	105	46	Average

Number of Valid Scale Totals

The following table summarizes the number of "N/A" responses for each QLQ scale. Any scale with more than 9 "N/A" responses will have an invalid scale total and should not be interpreted. The total number of valid scale scores was 15.

Scale	Number of N/A Responses	Scale Validity
Material Well-Being	0	Valid
Physical Well-Being	0	Valid
Personal Growth	0	Valid
Marital Relations	0	Valid
Parent-Child Relations	0	Valid
Extended Family Relations	0	Valid
Extrafamilial Relations	0	Valid
Altruistic Behavior	0	Valid
Political Behavior	0	Valid
Job Characteristics	0	Valid
Occupational Relations	0	Valid
Job Satisfiers	0	Valid
Creative-Aesthetic Behavior	0	Valid
Sports Activity	0	Valid
Vacation Behavior	0	Valid

Validity Assessment

Social Desirability Scale: *T*-Score = 47

This scale provides an estimate of whether or not the respondent's style of responding is truthful and consistent with that shown by other respondents.

John's score on the Social Desirability scale was within the average range, suggesting that he answered the questions in an appropriate manner.

General Examination of the Profile

An overall examination of the profile reveals that two or more scales are significantly below average. This type of profile is usually categorized by the two lowest scales. Such a designation is called a "two-point code". Two-point codes tend to be useful and robust ways of categorizing individuals into clinically meaningful patterns of behavior.

T-scores below 30 are generally considered clinically significant when the individual is being studied in a "high base-rate" group such as all persons seeking treatment. When the individual is believed to be from a "low base-rate" group, such as all persons without identified behavioral problems, a much stricter criterion score for inferring clinically significant problems should be used. The remainder of this report will help to isolate the areas that may be of concern.

For more specific information regarding John's results on the individual scales of QLQ, please refer to the following sections.

Areas in which a High Quality of Life is Exhibited

- Political Behavior *T*-Score = 68

These individuals keep up on current events, politics, and government activities, and become involved in the political process during elections.

Areas of Average Quality of Life

- Material Well-Being *T*-Score = 42
- Physical Well-Being *T*-Score = 49
- Personal Growth *T*-Score = 44
- Marital Relations *T*-Score = 48
- Extended Family Relations *T*-Score = 43
- Altruistic Behavior *T*-Score = 56
- Job Characteristics *T*-Score = 48
- Occupational Relations *T*-Score = 47
- Job Satisfiers *T*-Score = 45
- Creative-Aesthetic Behavior *T*-Score = 50
- Sports Activity *T*-Score = 56
- Vacation Behavior *T*-Score = 40

Areas in which a Poor Quality of Life is Exhibited

- Parent-Child Relations *T*-Score = 39

These persons communicate poorly, rarely expressing their feelings for their children. They have little

involvement in their children's lives and employ poor disciplinary methods.

- Extrafamilial Relations *T*-Score = 39

These persons may have difficulty in social situations, have problems making and maintaining friendships, and have superficial relationships with friends.

Overall Quality of Life

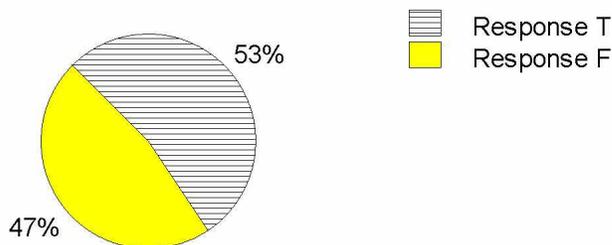
Overall Quality of Life Scale: *T*-Score = 46

Based on the areas of life surveyed, this individual demonstrates a life style that is indicative of an average quality of life.

Item Responses

The following response values were entered for the items on QLQ. The pie graph shows the distribution of responses.

Item	Response										
1.	T	33.	T	65.	T	97.	T	129.	F	161.	T
2.	F	34.	F	66.	F	98.	F	130.	T	162.	T
3.	F	35.	T	67.	T	99.	T	131.	F	163.	F
4.	F	36.	F	68.	F	100.	F	132.	T	164.	F
5.	T	37.	T	69.	T	101.	T	133.	T	165.	T
6.	F	38.	F	70.	F	102.	F	134.	F	166.	T
7.	T	39.	T	71.	T	103.	T	135.	T	167.	F
8.	F	40.	T	72.	F	104.	F	136.	F	168.	F
9.	T	41.	F	73.	T	105.	T	137.	T	169.	T
10.	F	42.	T	74.	F	106.	F	138.	F	170.	T
11.	T	43.	T	75.	T	107.	T	139.	T	171.	T
12.	F	44.	F	76.	F	108.	F	140.	F	172.	F
13.	T	45.	T	77.	T	109.	T	141.	T	173.	T
14.	F	46.	T	78.	F	110.	F	142.	F	174.	F
15.	T	47.	T	79.	T	111.	T	143.	T	175.	T
16.	T	48.	T	80.	F	112.	F	144.	F	176.	F
17.	F	49.	F	81.	T	113.	T	145.	T	177.	T
18.	T	50.	F	82.	F	114.	F	146.	F	178.	F
19.	F	51.	F	83.	T	115.	T	147.	T	179.	T
20.	T	52.	T	84.	F	116.	F	148.	F	180.	F
21.	F	53.	F	85.	T	117.	T	149.	T	181.	F
22.	T	54.	T	86.	F	118.	F	150.	T	182.	T
23.	F	55.	T	87.	T	119.	T	151.	T	183.	F
24.	F	56.	F	88.	F	120.	F	152.	T	184.	T
25.	F	57.	T	89.	T	121.	T	153.	T	185.	F
26.	T	58.	F	90.	F	122.	F	154.	F	186.	T
27.	T	59.	T	91.	T	123.	T	155.	T	187.	T
28.	F	60.	F	92.	F	124.	T	156.	F	188.	T
29.	T	61.	T	93.	T	125.	F	157.	T	189.	F
30.	F	62.	F	94.	F	126.	T	158.	F	190.	T
31.	T	63.	T	95.	T	127.	F	159.	T	191.	F
32.	F	64.	F	96.	F	128.	T	160.	F	192.	T



Item Responses Requiring Further Examination

The following items were answered in a manner suggesting a poor quality of life. Further exploration into these responses will be beneficial as part of an intervention plan to increase the individual's quality of life.

Items answered "True" by John:

Material Well-Being

- My income limits the choice of where I can live.
- Often I have to get away from my home because it is too crowded and confining.
- I would rather live in a less crowded neighborhood.
- Given my income, my housing is costing me too much.

Physical Well-Being

- People usually have to urge me to go to a doctor when I am sick.

Personal Growth

- There are a lot of things I would like to change about myself.
- I often find myself in situations in which I just don't know what to do.
- I have trouble living up to my own expectations.
- I often have difficulty making up my mind about things.
- I often feel envious of other people.

Marital Relations

- I have trouble talking to my partner about a lot of things.
- I try not to bother my partner with my feelings.

Parent-Child Relations

- I avoid talking to my child(ren) when I am displeased with them.
- Sometimes I don't bother to discipline my child(ren).
- I often yell at my child(ren) when they are misbehaving.
- I frequently leave my child(ren) with a babysitter.

Extended Family Relations

- When I visit my relatives, we rarely talk about anything really meaningful.
- If I had an emotional problem, I'd rather discuss it with a friend than a relative.

Extrafamilial Relations

- I have difficulty starting conversations with other people.
- I have difficulty finding time to keep in touch with my friends.
- Most of the time, I prefer to be alone rather than with friends.
- My friends often take advantage of me.

Altruistic Behavior

- In the past year, I did not canvas for an organization that helps others.
- I prefer to watch accidents at a distance because I don't want to get involved.
- It is useless to give money to charity because very little of it ever gets to the people who need it.

Political Behavior

None

Job Characteristics

- There is poor cooperation between the various groups at work (e.g., departments).
- Compared to most people, my working hours are inconvenient.

Occupational Relations

None

Job Satisfiers

- My opinion is rarely considered when decisions are made at work.
- If another job opportunity came along, I would leave my job immediately.
- I have to stay with my present job because there are no other jobs available.
- Promotions seldom occur where I work.

Creative-Aesthetic Behavior

- I am so busy that I rarely get to go to any cultural activities (e.g., theatre, museums, concerts).
- I have never done any writing (i.e., book, poetry, short stories).
- I rarely buy artwork for my home (e.g., pictures, pottery).
- The government spends too much money supporting the arts.

Sports Activity

- I usually have better things to do with my time than play sports.
- Although I enjoy watching sports events, I rarely participate in them.

Vacation Behavior

- I often spend my holidays working around the house and yard rather than going away.
- I have difficulties relaxing and forgetting my worries even while on vacation.
- I often spend my spare time working to make more money (e.g., weekends, vacation).

Social Desirability

- My vote has no real effect on the outcome of elections.
- I have a feeling that some of my friends talk about me behind my back.
- I put myself down too much.

Items answered "False" by John:

Material Well-Being

None

Physical Well-Being

- I am relaxed most of the time.
- I wear a seat belt whenever I am in a car.
- I have regular dental checkups.

Personal Growth

None

Marital Relations

- My partner and I have no difficulty discussing our sexual relationship.
- My partner and I often work together to help each other meet goals.

Parent-Child Relations

- I often tell my child(ren) how much I care for them.
- I learn many things from my child(ren).
- I make clear rules for my child(ren) to follow.

Extended Family Relations

- Most of the time, I can depend upon my relatives to help me when I need it.
- I often plan trips just to visit my relatives.
- My relatives know me quite well.
- I feel free to talk to my relatives about my problems.

Extrafamilial Relations

- I often show affection toward my friends.
- My friends and I enjoy making plans together.
- I keep in touch with friends who have moved away.

Altruistic Behavior

- I regularly help support at least one charitable organization.

Political Behavior

- I make sure that I am aware of the political issues and the candidates' views on the issues before I vote.

Job Characteristics

- My work is rarely boring.
- My training is just right for the work I do.
- I have just enough variety in my job.

Occupational Relations

- My work supervisor often gives me feedback that helps me improve the quality of my work.
- I often act upon suggestions made by coworkers.
- At work my supervisor would stand up for me, if it was necessary.
- My supervisor often asks me what I think about something.
- My supervisor seems to be able to efficiently handle most problems that arise.

Job Satisfiers

- At work I usually get a good reaction when I do well.
- Considering my ability and qualifications my pay is adequate.
- There is a good possibility that I will be promoted in my job.

Creative-Aesthetic Behavior

- Several times each year I go to live productions (e.g., theatre, symphony, concerts, ballet).
- I usually read the entertainment section of the newspaper.

Sports Activity

- I frequently read books or articles about sports and sports personalities.
- I know the rules of at least three sports.

Vacation Behavior

- My vacations are usually very relaxing.
- On vacation, I often end up doing a few interesting things that I had not planned.

- I save some money each month for my vacation.

Social Desirability

- My job allows me to be creative.
- I am achieving something important through my work.

Integrating Results with Other Information

The results indicate that one or more scale scores are significantly below average (T -score < 40) and potentially could be cause for concern. These results must be incorporated with other information before drawing any conclusions. It is recommended that a comprehensive evaluation include information from other rating scales, interviews, observer reports, family history, and data from other mental health professionals. It is critical to evaluate life quality problems in terms of socioeconomic factors, gender, and ethnicity.

Considering Intervention

Because some scales are significantly below average, intervention or an appropriate referral may be warranted. From all sources of information, determine the appropriate intervention strategy for the client. Individuals should be encouraged to maintain their activities in those areas of life that exhibit a high quality, and to enhance where possible their activity in those areas that are of average life quality. Intervention should be contemplated in those areas of life that are demonstrated to be poor. Interventions may be directed at environmental conditions that lead to poor life quality, to health problems that lead to poor life quality, or to specific or general skill deficits that result in poor life quality (e.g., problem solving skills, parenting skills, lack of assertiveness, etc.).

Date Printed: Tuesday, December 21, 2004

End of Report