

# Aggression Questionnaire (AQ)

## WPS TEST REPORT

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**Client ID:** 000

**Administration Date:** 06/12/00

**Gender:** Male

**Processing Date:** 06/12/00

**Age:** 17

**Examiner ID Number:** 000

**Education (Last Year Completed):** 11

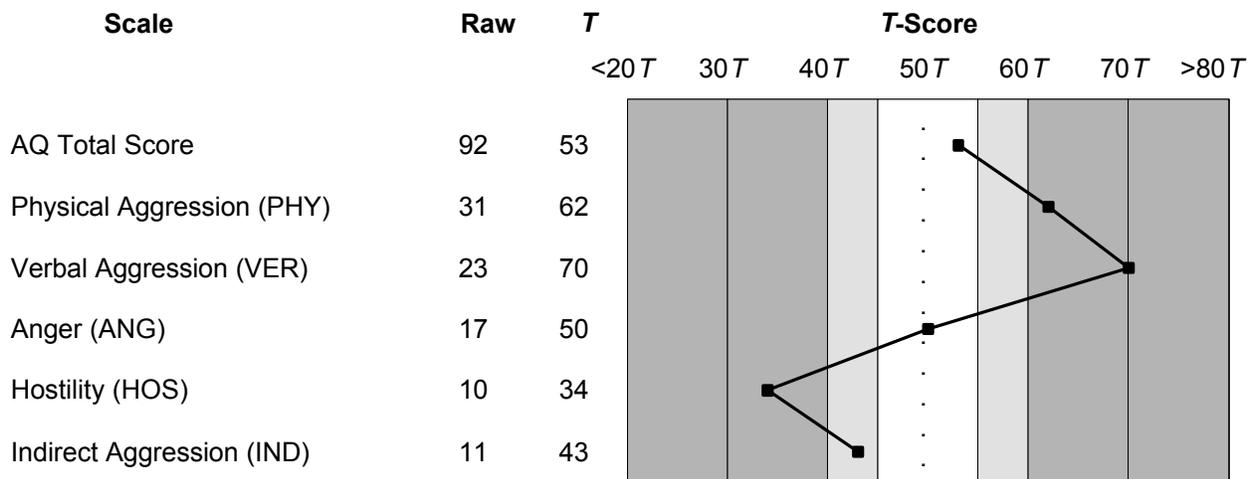
**Examiner Name:** Sample

**Ethnicity:** White

**Name:** Sample

Users of this WPS TEST REPORT should be familiar with the information presented in the AQ Manual (WPS Product No. W-371B). The interpretations provided in this report are hypotheses about the client that must be verified against informed clinical judgment.

Inconsistent Responding Index (INC) 4



Note: AQ Score ranges are:

Very Low: <=29T; Low: 30T-39T; Low Average: 40T-44T; Average: 45T-55T; High Average: 56T-59T; High: 60T-69T; Very High: >=70T

**Inconsistent Responding Index (INC)**

The Inconsistent Responding Index (INC) is a measure of unusual levels of inconsistency in a person's responses. INC scores of 5 or greater suggest that the remaining AQ scores may be less accurate than they could be because the client responded inconsistently to the items. This client's INC score of 4 does not indicate an unusual amount of inconsistency. The specific item responses that contribute to this individual's INC score are printed at the end of this AQ report.

**AQ Total Score**

The AQ Total score is a summary measure of the overall level of anger and aggression reported by this client. His AQ Total score of 53T is in the average range. The remaining AQ scores should be examined in light of this and all other available information to understand what kind of experience this individual has reported.

**Physical Aggression (PHY)**

The Physical Aggression (PHY) score is a measure of the tendency to use physical force when expressing anger or aggression. The PHY score of 62T for this client is high. If it is not just an attempt to "look tough," this PHY score suggests that the client may find it difficult to control urges toward physical aggression. Conduct disorder, or sadistic or antisocial personality characteristics, may be present, and substance use may be an additional problem for this individual. He may also experience difficulty focusing his attention on one thing and controlling impulses in general, and evaluation for the presence of attention-deficit disorder should be considered.

Follow-up activities should focus on learning and practicing acceptable alternatives to physical aggression. Focus may need to be placed on his ability to maintain productive relationships with authority figures. He may also benefit from efforts that help him recognize and overcome his vulnerability to shame-related reactions. It is likely that this individual sees his physical aggression as being provoked by others. It is important that he learn to take full

responsibility for choosing to act in physically aggressive ways. To further clarify the interpretation of this PHY score, the specific item responses that contribute to it are printed at the end of this AQ report.

**Verbal Aggression (VER)**

The Verbal Aggression (VER) score measures the tendency to be verbally argumentative. This client's VER score of 70T is very high. He may feel extremely frustrated or be under an extreme amount of stress. Follow-up activities should include evaluation for the presence of an anxiety disorder. He should be encouraged to learn stress-reduction techniques and include them in his daily routine.

As when the PHY scale score is elevated, a high VER score can signal the presence of conduct disorder, or sadistic or antisocial personality characteristics. Substance use may be an additional problem. High VER scores can also be a result of neurological impairment. Depending upon this individual's clinical history, referral for a complete psychological and neurological evaluation may be appropriate.

Follow-up with this individual should include opportunities to learn and practice constructive alternatives to nonproductive arguments and verbal assaults. It is very important for this client to become aware of the effects his verbalizations have on others. To further clarify the interpretation of this VER score, the specific item responses that contribute to it are printed at the end of this AQ report.

**Anger (ANG)**

The AQ Anger (ANG) score measures anger-related arousal and sense of control. It is the AQ score that is most responsive to building an effective set of coping strategies. The ANG score of 50T for this client is in the average range. His responses suggest that he does not experience an unusual amount of anger. To further clarify the interpretation of this ANG score, the specific item responses that contribute to it are printed at the end of this AQ report.

**Hostility (HOS)**

The AQ Hostility (HOS) score is a

measure of feelings of resentment, suspicion, and alienation—feelings that seriously undermine both physical and psychological health. The HOS score of 34*T* for this client is low. He reports a good deal less mistrust and alienation than do most people his age. Although this probably reflects a sense of comfort with his current social surroundings, it can also represent a histrionic tendency to distort reality in order to avoid experiencing critical reactions toward others, even when they are well-justified. When this distortion serves to maintain destructive relationships or behaviors, it needs to be addressed. To further clarify the interpretation of this HOS score, the specific item responses that

contribute to it are printed at the end of this AQ report.

### Indirect Aggression (IND)

The Indirect Aggression (IND) score is a measure of the tendency to express anger in actions that avoid direct confrontation. The IND score of 43*T* for this individual is in the low average range. He appears to be less likely than most people his age to use indirect ways of expressing aggression, and may be more willing than most to resolve conflict using direct confrontation. To further clarify the interpretation of this IND score, the specific item responses that contribute to it are printed at the end of this AQ report.

### Inconsistent Responding Pairs:

- |  |                        |
|--|------------------------|
| 1. My friends say that I argue a lot.                    | 5 (Completely like me) |
| 22. I let my anger show when I do not get what I want.   | 1 (Not at all like me) |
| 9. I wonder why sometimes I feel so bitter about things. | 1 (Not at all like me) |
| 29. At times I feel like a bomb ready to explode.        | 3 (Somewhat like me)   |
| 10. I have threatened people I know.                     | 3 (Somewhat like me)   |
| 13. If I'm angry enough, I may mess up someone's work.   | 1 (Not at all like me) |
| 23. At times I can't control the urge to hit someone.    | 5 (Completely like me) |
| 24. I get into fights more than most people.             | 3 (Somewhat like me)   |

### Physical Aggression Scale Item Responses:

- |   |                        |
|---|------------------------|
| 8. I may hit someone if he or she provokes me.                    | 5 (Completely like me) |
| 23. At times I can't control the urge to hit someone.             | 5 (Completely like me) |
| 25. If somebody hits me, I hit back.                              | 5 (Completely like me) |
| 11. Someone has pushed me so far that I hit him or her.           | 4 (Very much like me)  |
| 27. If I have to resort to violence to protect my rights, I will. | 4 (Very much like me)  |
| 10. I have threatened people I know.                              | 3 (Somewhat like me)   |
| 24. I get into fights more than most people.                      | 3 (Somewhat like me)   |
| 17. I have become so mad that I have broken things.               | 2 (A little like me)   |

### Verbal Aggression Scale Item Responses:

- |  |                        |
|--|------------------------|
| 1. My friends say that I argue a lot.                                | 5 (Completely like me) |
| 6. I can't help getting into arguments when people disagree with me. | 5 (Completely like me) |
| 26. I tell my friends openly when I disagree with them.              | 5 (Completely like me) |
| 4. I often find myself disagreeing with people.                      | 4 (Very much like me)  |
| 20. When people annoy me, I may tell them what I think of them.      | 4 (Very much like me)  |

**Anger Scale Item Responses:**

- |  |                        |
|--|------------------------|
| 3. I flare up quickly, but get over it quickly.        | 5 (Completely like me) |
| 29. At times I feel like a bomb ready to explode.      | 3 (Somewhat like me)   |
| 19. I am a calm person. (reverse scored)               | 2 (A little like me)   |
| 32. Some of my friends think I am a hothead.           | 2 (A little like me)   |
| 7. At times I get very angry for no good reason.       | 1 (Not at all like me) |
| 12. I have trouble controlling my temper.              | 1 (Not at all like me) |
| 22. I let my anger show when I do not get what I want. | 1 (Not at all like me) |

**Hostility Scale Item Responses:**

- |   |                        |
|---|------------------------|
| 28. I do not trust strangers who are too friendly.                  | 3 (Somewhat like me)   |
| 2. Other people always seem to get the breaks.                      | 1 (Not at all like me) |
| 5. At times I feel I have gotten a raw deal out of life.            | 1 (Not at all like me) |
| 9. I wonder why sometimes I feel so bitter about things.            | 1 (Not at all like me) |
| 16. I wonder what people want when they are nice to me.             | 1 (Not at all like me) |
| 21. I sometimes feel that people are laughing at me behind my back. | 1 (Not at all like me) |
| 31. I know that "friends" talk about me behind my back.             | 1 (Not at all like me) |
| 33. At times I am so jealous I can't think of anything else.        | 1 (Not at all like me) |

**Indirect Aggression Scale Item Responses:**

- |   |                        |
|---|------------------------|
| 15. When people are bossy, I take my time doing what they want, just to show them.  | 3 (Somewhat like me)   |
| 30. When someone really irritates me, I might give him or her the silent treatment. | 3 (Somewhat like me)   |
| 34. I like to play practical jokes.   | 2 (A little like me)   |
| 13. If I'm angry enough, I may mess up someone's work.                              | 1 (Not at all like me) |
| 14. I have been mad enough to slam a door when leaving someone behind in the room.  | 1 (Not at all like me) |
| 18. I sometimes spread gossip about people I don't like.                            | 1 (Not at all like me) |

**Item Responses:**

<b>1.</b> 5	<b>13.</b> 1	<b>25.</b> 5
<b>2.</b> 1	<b>14.</b> 1	<b>26.</b> 5
<b>3.</b> 5	<b>15.</b> 3	<b>27.</b> 4
<b>4.</b> 4	<b>16.</b> 1	<b>28.</b> 3
<b>5.</b> 1	<b>17.</b> 2	<b>29.</b> 3
<b>6.</b> 5	<b>18.</b> 1	<b>30.</b> 3
<b>7.</b> 1	<b>19.</b> 2	<b>31.</b> 1
<b>8.</b> 5	<b>20.</b> 4	<b>32.</b> 2
<b>9.</b> 1	<b>21.</b> 1	<b>33.</b> 1
<b>10.</b> 3	<b>22.</b> 1	<b>34.</b> 2
<b>11.</b> 4	<b>23.</b> 5	
<b>12.</b> 1	<b>24.</b> 3	

**Response Key**

- 1 Not at all like me
- 2 A little like me
- 3 Somewhat like me
- 4 Very much like me
- 5 Completely like me
- Missing Response

**Number of Missing Responses: 0**

This report was generated based on WPS TEST REPORT Microcomputer Data Entry.

**END OF REPORT**