

# BRIEF<sup>®</sup> 2A

Behavior Rating Inventory of  
Executive Function<sup>®</sup>, Second Edition

ADULT VERSION

## Score Report

# Informant Report Form

by Robert M. Roth, PhD, Peter K. Isquith, PhD, Gerard A. Gioia, PhD, and PAR Staff

Generated by



**Client name:** Sample Client

**Client ID:** 12345

**Sex:** Female

**Gender identity:** Girl/Woman

**Age:** 51

**Date of birth:** 05/17/1973

**Test date:** 10/17/2024

**Rater name:** Sample Rater

**Relationship to client:** Spouse/Partner

**Relationship description:** Not Specified

**Knows client:** Very Well

**Has known client for:** 15

**Language administered:** English

*This report is intended for use by qualified professionals only and is not to be shared with the examinee or any other unqualified persons.*

## Overview of Results

Sample's respondent completed the Informant Report Form of the Behavior Rating Inventory of Executive Function, Second Edition—Adult Version (BRIEF2A) on 10/17/2024. There are no missing item responses in the protocol. The Inconsistency scale score is elevated, suggesting that ratings on the scales may not be internally consistent and that validity may be compromised. A cautious approach to interpretation is warranted. The respondent's ratings of Sample do not appear overly negative. There was **1** atypical response to infrequently endorsed items. In the context of these validity considerations, ratings of Sample's executive function exhibited in everyday behavior indicate some areas of concern.

The overall index score, the GEC, was **mildly elevated (GEC  $T = 69$ , %ile = 98)**. The Emotion Regulation Index (ERI) score was **within normal limits (ERI  $T = 64$ , %ile = 92)**, but the Behavior Regulation Index (BRI) score was **mildly elevated (BRI  $T = 68$ , %ile = 96)** and the Cognitive Regulation Index (CRI) score was **mildly elevated (CRI  $T = 67$ , %ile = 97)**.

Within these summary indicators, all of the individual scales can be calculated. One or more of the individual BRIEF2A scale  $T$  scores were elevated, suggesting that Sample exhibits difficulty with some aspects of executive function. Concerns are noted with her ability to resist impulses, get going on tasks and activities and independently generate ideas, sustain working memory, and plan and organize her approach to problem solving appropriately. Sample's ability to be aware of her functioning in social settings, adjust well to changes, react to events appropriately, be appropriately cautious in her approach to tasks and check for mistakes, and keep materials and belongings reasonably well-organized is not described as problematic.

Sample's elevated scores on scales reflecting problems with fundamental behavioral and/or emotional regulation (Inhibit, Emotional Control, and Shift) suggest that more global problems with self-regulation are having a negative effect on active cognitive problem solving (elevated CRI). Current models of self-regulation suggest that behavior regulation and/or emotion regulation, particularly inhibitory control, emotional control, and flexibility, underlie most other areas of executive function. Essentially, one needs to be appropriately inhibited, flexible, and well-modulated emotionally for efficient, systematic, and organized problem-solving to take place. One must simultaneously consider the influence of the underlying self-regulation issues and her unique problems with cognitive problem-solving skills.

## BRIEF2A Informant Report Form Score Summary

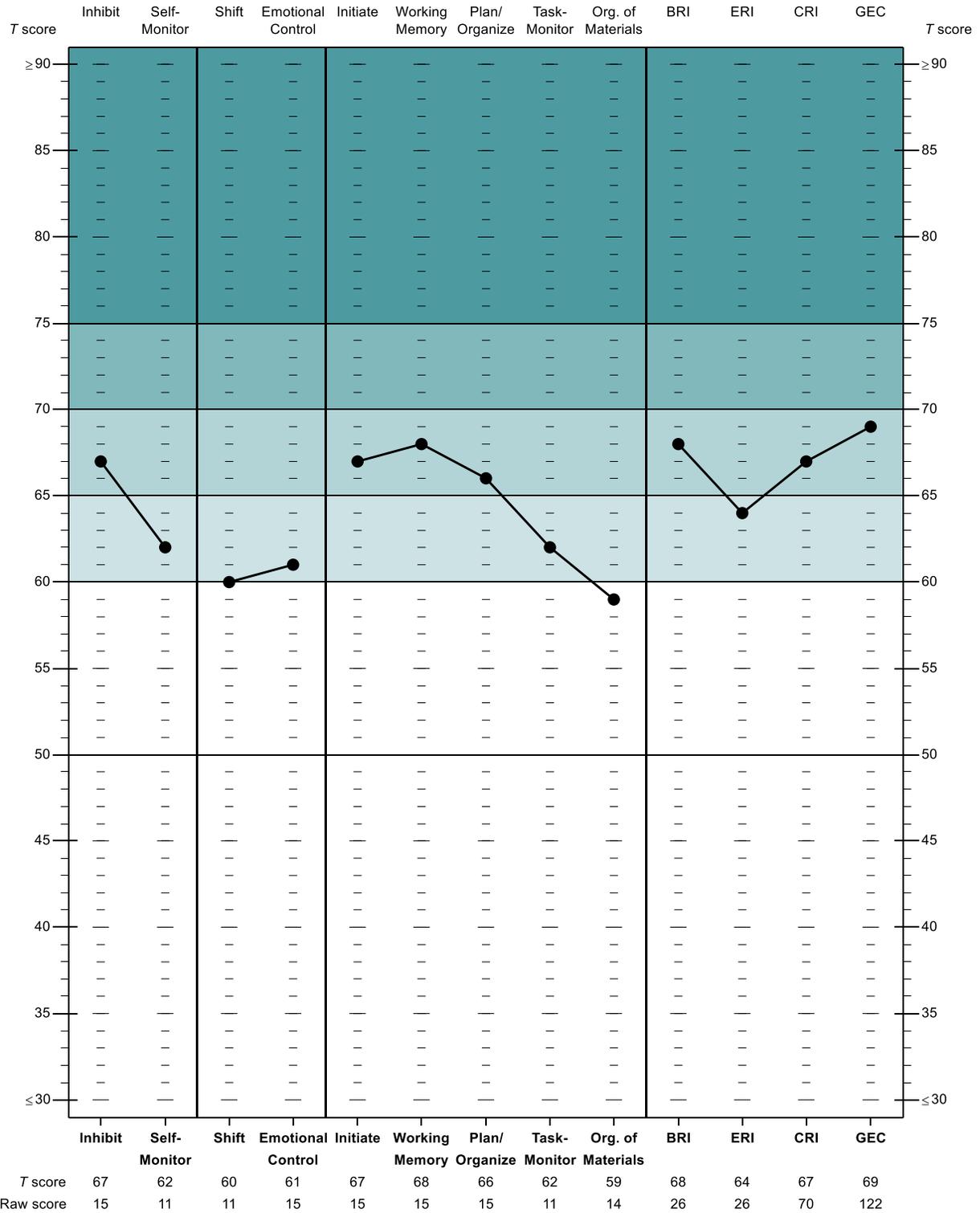
Scale/Index/Composite	Raw score	T score	Percentile	90% CI
Inhibit	15	67	97	58–76
Self-Monitor	11	62	94	55–69
<b>Behavior Regulation Index (BRI)</b>	26	68	96	62–74
Shift	11	60	97	51–69
Emotional Control	15	61	89	57–65
<b>Emotion Regulation Index (ERI)</b>	26	64	92	59–69
Initiate	15	67	98	59–75
Working Memory	15	68	98	60–76
Plan/Organize	15	66	97	59–73
Task-Monitor	11	62	96	54–70
Organization of Materials	14	59	89	54–64
<b>Cognitive Regulation Index (CRI)</b>	70	67	97	63–71
<b>Global Executive Composite (GEC)</b>	122	69	98	66–72

Scale T score elevation	Number of clinical scales elevated	Base rate in normative sample	Base rate in mixed clinical sample
≥65	4	6	59
≥70	0	>99	>99
≥75	0	>99	>99

Validity scale	Raw score	Percentile	Protocol classification
Inconsistency	11	>99	Inconsistent
Negativity	5	≤98	Acceptable
Infrequency	1	≤98	Acceptable

*Note.* Age-specific norms have been used to generate these scores. For additional interpretive information, refer to the BRIEF2A Professional Manual.

# Profile of BRIEF2A T Scores



Note. Age-specific norms have been used to generate this profile.

# BRIEF2A Informant Report Form Items and Responses

Item #	Inconsistency item	Response	Difference
1	Makes careless errors when completing tasks	Never	2
38	Makes careless mistakes	Often	
23	<i>Remaining item content redacted for sample report</i>	Sometimes	0
46		Sometimes	
26		Sometimes	1
39		Often	
31		Often	2
67		Never	
32		Often	1
58		Sometimes	
41		Often	1
56		Sometimes	
43		Often	1
52		Sometimes	
48		Sometimes	1
70		Never	
55		Sometimes	1
69		Never	
59		Sometimes	1
65		Never	

Item #	Negativity item	Response
18	Has emotional outbursts for little reason	Sometimes
21	<i>Remaining item content redacted for sample report</i>	Sometimes
27		Sometimes
34		Often
35		Often
37		Often
38		Often
40		Often
53		Sometimes
59		Sometimes

Item #	Infrequency item	Response
9	Forgets his/her name	Never
25	<i>Remaining item content redacted for sample report</i>	Sometimes

Item #	Infrequency item	Response
36	<i>Remaining item content redacted for sample report</i>	Often
45		Often

Item #	Inhibit item	Response
4	Taps fingers or bounces legs	Never
15	<i>Remaining item content redacted for sample report</i>	Never
27		Sometimes
34		Often
40		Often
51		Sometimes
54		Sometimes
68		Never

Item #	Self-Monitor item	Response
12	Doesn't notice when he/she cause others to feel bad or get mad until it is too late	Never
21	<i>Remaining item content redacted for sample report</i>	Sometimes
35		Often
47		Sometimes
59		Sometimes
65		Never

Item #	Shift item	Response
7	Has trouble changing from one activity or task to another	Never
20	<i>Remaining item content redacted for sample report</i>	Sometimes
30		Sometimes
41		Often
56		Sometimes
62		Never

Item #	Emotional Control item	Response
11	Overreacts emotionally	Never
18	<i>Remaining item content redacted for sample report</i>	Sometimes
26		Sometimes
31		Often
39		Often
53		Sometimes
64		Never
67		Never

Item #	Initiate item	Response
5	Needs to be reminded to begin a task even when willing	Never
13	<i>Remaining item content redacted for sample report</i>	Never
19		Sometimes
23		Sometimes

Item #	Initiate item	Response
42	<i>Remaining item content redacted for sample report</i>	Often
46		Sometimes
49		Sometimes
57		Sometimes

Item #	Working Memory item	Response
3	Has trouble concentrating on tasks (such as chores, reading, or work)	Never
10	<i>Remaining item content redacted for sample report</i>	Never
16		Sometimes
24		Sometimes
33		Often
43		Often
52		Sometimes
63		Never

Item #	Plan/Organize item	Response
8	Gets overwhelmed by large tasks	Never
14	<i>Remaining item content redacted for sample report</i>	Never
32		Often
44		Often
50		Sometimes
58		Sometimes
61		Sometimes
66		Never

Item #	Task-Monitor item	Response
1	Makes careless errors when completing tasks	Never
17	<i>Remaining item content redacted for sample report</i>	Sometimes
22		Sometimes
38		Often
48		Sometimes
70		Never

Item #	Organization of Materials item	Response
2	Is disorganized	Never
6	<i>Remaining item content redacted for sample report</i>	Never
28		Sometimes
29		Sometimes
37		Often
55		Sometimes
60		Sometimes
69		Never

---

**End of Report**

---