

BRIEF[®] 2A

Behavior Rating Inventory of
Executive Function,[®] Second Edition

ADULT VERSION

Progress Monitoring Report

Self-Report Form

by Robert M. Roth, PhD, Peter K. Isquith, PhD, Gerard A. Gioia, PhD, and PAR Staff

Generated by



Client name: Sample Client

Client ID: 12345

Sex: Male

Gender identity: Boy/Man

Date of birth: 05/17/1973

Report date: 10/17/2024

	Time 1	Time 2	Time 3	Time 4
Age at testing (years):	49	50	50	51
Test date:	02/01/2023	08/15/2023	02/14/2024	10/17/2024
Months from Time 1:	n/a	6.5	12.4	20.5
Months from Time 2:	n/a	n/a	6.0	14.1
Months from Time 3:	n/a	n/a	n/a	8.1
Language administered:	English	English	English	English

This report is intended for use by qualified professionals only and is not to be shared with the examinee or any other unqualified persons.

BRIEF2A Progress Monitoring Score Summary

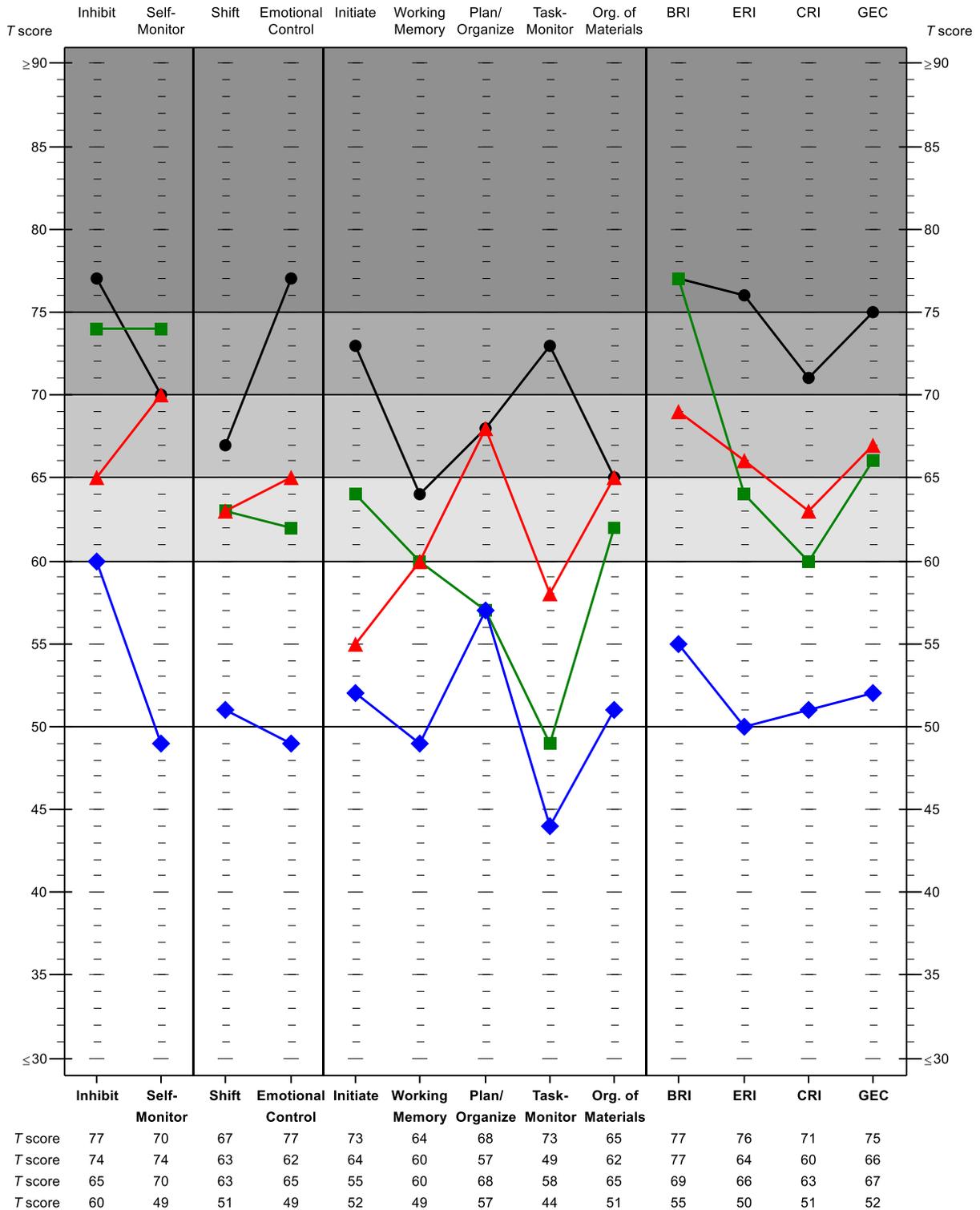
Scale/Index/Composite	T score (%ile)			
	Time 1 02/01/2023	Time 2 08/15/2023	Time 3 02/14/2024	Time 4 10/17/2024
Inhibit	77 (>99)	74 (>99)	65 (98)	60 (86)
Self-Monitor	70 (98)	74 (99)	70 (99)	49 (70)
Behavior Regulation Index (BRI)	77 (>99)	77 (>99)	69 (98)	55 (76)
Shift	67 (95)	63 (92)	63 (92)	51 (68)
Emotional Control	77 (98)	62 (90)	65 (92)	49 (65)
Emotion Regulation Index (ERI)	76 (99)	64 (89)	66 (91)	50 (65)
Initiate	73 (98)	64 (95)	55 (74)	52 (67)
Working Memory	64 (90)	60 (86)	60 (86)	49 (59)
Plan/Organize	68 (97)	57 (81)	68 (97)	57 (81)
Task-Monitor	73 (99)	49 (58)	58 (86)	44 (46)
Organization of Materials	65 (94)	62 (91)	65 (94)	51 (67)
Cognitive Regulation Index (CRI)	71 (97)	60 (85)	63 (89)	51 (64)
Global Executive Composite (GEC)	75 (99)	66 (96)	67 (96)	52 (65)

Scale T score elevation	# scales elevated (base rate in normative sample, clinical sample)			
	Time 1	Time 2	Time 3	Time 4
≥65	8 (2, 25)	2 (18, 72)	5 (6, 47)	0 (>99, >99)
≥70	5 (2, 26)	2 (7, 56)	1 (18, 68)	0 (>99, >99)
≥75	2 (3, 37)	0 (>99, >99)	0 (>99, >99)	0 (>99, >99)

Validity scale	Raw score (protocol classification)			
	Time 1	Time 2	Time 3	Time 4
Inconsistency	9 (Inconsistent)	9 (Inconsistent)	6 (Acceptable)	7 (Acceptable)
Negativity	2 (Acceptable)	3 (Acceptable)	1 (Acceptable)	0 (Acceptable)
Infrequency	2 (Questionable)	2 (Questionable)	1 (Acceptable)	1 (Acceptable)

Note. Age-specific norms were used to generate these scores. For additional interpretive information, refer to the BRIEF2A Professional Manual.

Progress Monitoring Profile of BRIEF2A Scores



- T1 02/01/2023
- T2 08/15/2023
- ▲ T3 02/14/2024
- ◆ T4 10/17/2024

BRIEF2A Progress Monitoring T Score Differences

Time 1 versus Time 2

Scale/Index/Composite	T score		Difference (T2-T1)	Significance level	Cumulative % of sample
	Time 1 02/01/2023	Time 2 08/15/2023			
Inhibit	77	74	-3	<i>ns</i>	56.4%
Self-Monitor	70	74	4	<i>ns</i>	45.9%
Behavior Regulation Index (BRI)	77	77	0	<i>ns</i>	>99%
Shift	67	63	-4	<i>ns</i>	57.6%
Emotional Control	77	62	-15	.05	3.5%
Emotion Regulation Index (ERI)	76	64	-12	.10	8.2%
Initiate	73	64	-9	.20	19.1%
Working Memory	64	60	-4	<i>ns</i>	40.5%
Plan/Organize	68	57	-11	.10	10.1%
Task-Monitor	73	49	-24	.01	1.9%
Organization of Materials	65	62	-3	<i>ns</i>	56.8%
Cognitive Regulation Index (CRI)	71	60	-11	.05	7.4%
Global Executive Composite (GEC)	75	66	-9	.10	10.9%

Time 1 versus Time 3

Scale/Index/Composite	T score		Difference (T3-T1)	Significance level	Cumulative % of sample
	Time 1 02/01/2023	Time 3 02/14/2024			
Inhibit	77	65	-12	.05	5.4%
Self-Monitor	70	70	0	<i>ns</i>	>99%
Behavior Regulation Index (BRI)	77	69	-8	.20	16.3%
Shift	67	63	-4	<i>ns</i>	57.6%
Emotional Control	77	65	-12	.10	6.6%
Emotion Regulation Index (ERI)	76	66	-10	.20	11.3%
Initiate	73	55	-18	.01	2.3%
Working Memory	64	60	-4	<i>ns</i>	40.5%
Plan/Organize	68	68	0	<i>ns</i>	>99%
Task-Monitor	73	58	-15	.10	7.0%
Organization of Materials	65	65	0	<i>ns</i>	>99%
Cognitive Regulation Index (CRI)	71	63	-8	.20	14.0%
Global Executive Composite (GEC)	75	67	-8	.20	14.0%

Time 1 versus Time 4

Scale/Index/Composite	T score		Difference (T4-T1)	Significance level	Cumulative % of sample
	Time 1 02/01/2023	Time 4 10/17/2024			
Inhibit	77	60	-17	.01	1.9%
Self-Monitor	70	49	-21	.01	1.2%
Behavior Regulation Index (BRI)	77	55	-22	.01	0.8%
Shift	67	51	-16	.05	5.8%
Emotional Control	77	49	-28	.01	1.2%
Emotion Regulation Index (ERI)	76	50	-26	.01	2.3%
Initiate	73	52	-21	.01	1.6%
Working Memory	64	49	-15	.05	3.5%
Plan/Organize	68	57	-11	.10	10.1%
Task-Monitor	73	44	-29	.01	0.8%
Organization of Materials	65	51	-14	.10	7.4%
Cognitive Regulation Index (CRI)	71	51	-20	.01	0.4%
Global Executive Composite (GEC)	75	52	-23	.01	<0.8%

Time 2 versus Time 3

Scale/Index/Composite	T score		Difference (T3-T2)	Significance level	Cumulative % of sample
	Time 2 08/15/2023	Time 3 02/14/2024			
Inhibit	74	65	-9	.20	14.0%
Self-Monitor	74	70	-4	<i>ns</i>	45.9%
Behavior Regulation Index (BRI)	77	69	-8	.20	16.3%
Shift	63	63	0	<i>ns</i>	>99%
Emotional Control	62	65	3	<i>ns</i>	49.0%
Emotion Regulation Index (ERI)	64	66	2	<i>ns</i>	69.3%
Initiate	64	55	-9	.20	19.1%
Working Memory	60	60	0	<i>ns</i>	>99%
Plan/Organize	57	68	11	.10	10.1%
Task-Monitor	49	58	9	<i>ns</i>	26.8%
Organization of Materials	62	65	3	<i>ns</i>	56.8%
Cognitive Regulation Index (CRI)	60	63	3	<i>ns</i>	52.1%
Global Executive Composite (GEC)	66	67	1	<i>ns</i>	84.8%

Time 2 versus Time 4

Scale/Index/Composite	T score		Difference (T4-T2)	Significance level	Cumulative % of sample
	Time 2 08/15/2023	Time 4 10/17/2024			
Inhibit	74	60	-14	.05	3.9%
Self-Monitor	74	49	-25	.01	0.8%
Behavior Regulation Index (BRI)	77	55	-22	.01	0.8%
Shift	63	51	-12	.20	13.6%
Emotional Control	62	49	-13	.05	5.1%
Emotion Regulation Index (ERI)	64	50	-14	.05	5.8%
Initiate	64	52	-12	.10	9.7%
Working Memory	60	49	-11	.10	10.9%
Plan/Organize	57	57	0	<i>ns</i>	>99%
Task-Monitor	49	44	-5	<i>ns</i>	46.7%
Organization of Materials	62	51	-11	.20	11.7%
Cognitive Regulation Index (CRI)	60	51	-9	.10	13.6%
Global Executive Composite (GEC)	66	52	-14	.01	3.1%

Time 3 versus Time 4

Scale/Index/Composite	T score		Difference (T4-T3)	Significance level	Cumulative % of sample
	Time 3 02/14/2024	Time 4 10/17/2024			
Inhibit	65	60	-5	<i>ns</i>	32.7%
Self-Monitor	70	49	-21	.01	1.2%
Behavior Regulation Index (BRI)	69	55	-14	.05	3.5%
Shift	63	51	-12	.20	13.6%
Emotional Control	65	49	-16	.05	3.5%
Emotion Regulation Index (ERI)	66	50	-16	.05	5.1%
Initiate	55	52	-3	<i>ns</i>	59.9%
Working Memory	60	49	-11	.10	10.9%
Plan/Organize	68	57	-11	.10	10.1%
Task-Monitor	58	44	-14	.10	10.5%
Organization of Materials	65	51	-14	.10	7.4%
Cognitive Regulation Index (CRI)	63	51	-12	.05	5.4%
Global Executive Composite (GEC)	67	52	-15	.01	2.7%

BRIEF2A Items and Responses

Scale/Item		Response			
		Time 1 02/01/2023	Time 2 08/15/2023	Time 3 02/14/2024	Time 4 10/17/2024
Inhibit					
4	I tap my fingers or bounce my legs	Never	Never	Never	Never
15	<i>Remaining item content redacted for sample report</i>	Often	Often	Never	Sometimes
27		Sometimes	Often	Never	Sometimes
34		Sometimes	Sometimes	Sometimes	Never
40		Never	Sometimes	Sometimes	Never
51		Often	Often	Sometimes	Sometimes
54		Often	Never	Sometimes	Sometimes
68		Often	Sometimes	Often	Never
Self-Monitor					
12	I don't notice when I cause others to feel bad or get mad until it is too late	Never	Sometimes	Never	Never
21	<i>Remaining item content redacted for sample report</i>	Sometimes	Sometimes	Never	Never
35		Sometimes	Often	Sometimes	Never
47		Often	Sometimes	Sometimes	Sometimes
59		Sometimes	Sometimes	Often	Never
65		Sometimes	Sometimes	Often	Never
Shift					
7	I have trouble changing from one activity or task to another	Sometimes	Often	Never	Never
20	<i>Remaining item content redacted for sample report</i>	Sometimes	Never	Never	Never
30		Sometimes	Sometimes	Sometimes	Sometimes
41		Never	Sometimes	Sometimes	Never
56		Often	Never	Sometimes	Sometimes
62		Sometimes	Sometimes	Often	Never
Emotional Control					
11	I overreact emotionally	Often	Sometimes	Never	Never
18	<i>Remaining item content redacted for sample report</i>	Often	Often	Never	Never
26		Sometimes	Never	Never	Never
31		Sometimes	Sometimes	Sometimes	Sometimes
39		Never	Sometimes	Sometimes	Never
53		Often	Never	Sometimes	Sometimes
64		Sometimes	Sometimes	Often	Never
67		Often	Never	Often	Never
Initiate					
5	I need to be reminded to begin a task even when I am willing	Sometimes	Often	Never	Never
13	<i>Remaining item content redacted for sample report</i>	Often	Sometimes	Never	Sometimes
19		Often	Sometimes	Never	Never
23		Sometimes	Sometimes	Never	Never
42		Never	Sometimes	Sometimes	Never
46		Never	Never	Sometimes	Sometimes
49		Often	Sometimes	Sometimes	Sometimes
57		Often	Never	Sometimes	Never
Working Memory					
3	I have trouble concentrating on tasks (such as chores, reading, or work)	Never	Never	Never	Never

Scale/Item		Response			
		Time 1 02/01/2023	Time 2 08/15/2023	Time 3 02/14/2024	Time 4 10/17/2024
10	<i>Remaining item content redacted for sample report</i>	Never	Never	Never	Never
16		Often	Sometimes	Never	Sometimes
24		Sometimes	Sometimes	Never	Never
33		Never	Sometimes	Sometimes	Never
43		Never	Sometimes	Sometimes	Never
52		Often	Never	Sometimes	Sometimes
63		Sometimes	Sometimes	Often	Never
Plan/Organize					
8	I get overwhelmed by large tasks	Never	Sometimes	Never	Never
14	<i>Remaining item content redacted for sample report</i>	Often	Sometimes	Never	Sometimes
32		Never	Sometimes	Sometimes	Sometimes
44		Never	Sometimes	Sometimes	Sometimes
50		Often	Never	Sometimes	Sometimes
58		Often	Never	Sometimes	Never
s		Sometimes	Never	Often	Never
66		Sometimes	Never	Often	Never
Task-Monitor					
1	I make careless errors when completing tasks	Never	Never	Never	Never
17	<i>Remaining item content redacted for sample report</i>	Often	Never	Never	Never
22		Sometimes	Sometimes	Never	Never
38		Never	Sometimes	Sometimes	Never
48		Often	Never	Sometimes	Sometimes
70		Often	Never	Often	Never
Organization of Materials					
2	I am disorganized	Never	Sometimes	Never	Never
6	<i>Remaining item content redacted for sample report</i>	Sometimes	Often	Never	Never
28		Sometimes	Never	Sometimes	Sometimes
29		Sometimes	Never	Sometimes	Sometimes
37		Never	Sometimes	Sometimes	Never
55		Often	Never	Sometimes	Sometimes
60		Sometimes	Sometimes	Often	Never
69		Often	Often	Often	Never

End of Report